Your clinician

Krista van Kempen performs ultrasound in Ter Aar. Your treating physiotherapist will discuss whether it would be useful.

Practical information

Ultrasound is part of the physiotherapy session; Fysio Topfit does not charge an additional supplement.

Costs and insurance

Cover depends on your clinical indication and policy. Supplementary insurance may cover sessions within its conditions and allowance. Separate basic insurance rules apply to some indications. A referral may be required and the statutory deductible usually applies to adults. You pay for care that is not covered. Ask for the current fee beforehand.

Our locations

Ter Aar
Medisch Centrum Vosholplein
Vosholplein 1-4, 2461 AA Ter Aar
0172-603434
teraar@fysiotopfit.nl

Boskoop
Medisch Centrum Boomgaard
Boomgaard 215F, 2771 PD Boskoop
0172-212147
boskoop@fysiotopfit.nl

Nieuwkoop
Maarten Freeke Wije 2D, 2421 TP Nieuwkoop
0172-575595
nieuwkoop@fysiotopfit.nl

General enquiries
085-0514000
blijftopfit@fysiotopfit.nl

WhatsApp
06-57250687
(messages only, no calls)

Scan for opening hours

Download our apps

Fysio Topfit

Download on the App Store

Topfit met Toppie

GET IT ON Google Play

Free to download for iPhone and Android.

Ultrasound

at Fysio Topfit

An ultrasound scan can provide extra information about muscles, tendons, bursae and ligaments. We use it when the findings may help guide your treatment.

Book an appointment

Scan the QR code or call 085-0514000. Tell us which treatment you would like to discuss.

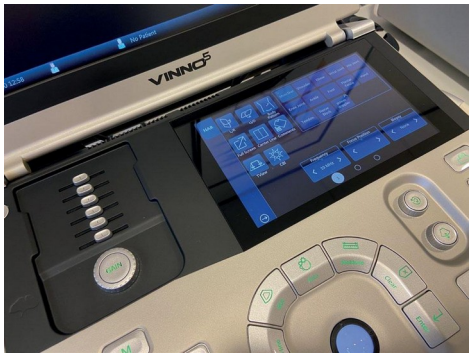
More information: www.fysiotopfit.nl

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What can it show?

Sound waves create images of tissues, for example around the shoulder, elbow, wrist, hip, knee or ankle. Thickening, fluid, a tear or calcification may be visible. We can also examine tissues during movement.

A finding on a scan is not always the cause of pain. A normal scan does not rule out every condition. We interpret images alongside your history and physical examination. Not every problem needs a scan.



What happens during the scan?

The clinician applies gel and moves a small probe over the skin. You can usually watch the screen. You may be asked to move. The examination generally takes 5–20 minutes.

There is no X-ray radiation. The gel may feel cold and pressure on a painful area may be uncomfortable. Tell us if it hurts. Wear clothing that allows access to the area.



What happens afterwards?

We explain what the images do and do not mean. They may help us choose exercises, adjust activity or discuss referral to your GP. Repeat imaging is useful only if it adds something to your care.

After an accident, with rapidly worsening symptoms or suspicion of another condition, a doctor may need to assess you first. Physiotherapy ultrasound does not replace that examination.

Before your appointment

Bring identification, insurance details and any referral or test results. Wear clothing that allows you to move comfortably. Let us know beforehand if you need support with language or communication.