Your clinician

Boskoop and Nieuwkoop: Eveline van der Weijden.
Ter Aar: Marcia Backer.

Practical information

You may contact us without a referral. Bring any reports, insurance details and questions from your child or school.

Costs and insurance

For children under 18 with non-chronic indications, basic insurance generally covers 9 sessions per condition over 12 months from the first session, with another 9 if necessary. Different rules apply to certain chronic indications. Children do not pay the statutory deductible. Check supplementary cover and any personal costs if further sessions are needed.

Our locations

Ter Aar
Medisch Centrum Vosholplein
Vosholplein 1-4, 2461 AA Ter Aar
0172-603434
teraar@fysiotopfit.nl

Boskoop
Medisch Centrum Boomgaard
Boomgaard 215F, 2771 PD Boskoop
0172-212147
boskoop@fysiotopfit.nl

Nieuwkoop
Maarten Freeke Wije 2D, 2421 TP Nieuwkoop
0172-575595
nieuwkoop@fysiotopfit.nl

General enquiries
085-0514000
blijftopfit@fysiotopfit.nl

WhatsApp
06-57250687
(messages only, no calls)

Scan for opening hours

Download our apps

Fysio Topfit

Download on the App Store

Topfit met Toppie

GET IT ON Google Play

Free to download for iPhone and Android.

Paediatric physiotherapy

at Fysio Topfit

For children aged 0–18 who need help with movement and motor development. Play, daily activities and your child's abilities are central.

TOPFIT FYSIO

Book an appointment

Scan the QR code or call 085-0514000. Tell us which treatment you would like to discuss.

More information: www.fysiotopfit.nl

Version 1.1 – November 2026

When can it help?

For babies and toddlers, concerns may include a preferred head position, skull flattening, difficulty rolling, sitting or walking, or unusual movement. Developmental differences are not always a problem; we assess the whole picture.

School-age children may struggle with PE, play, writing or fine motor skills. Low strength or fitness, hypermobility, sports injuries or movement problems associated with a condition may also be reasons to seek support.



Assessment through play

We start with your questions and your child’s experience. Assessment suits their age, often using play and tasks. With your permission we include information from school or other professionals.

We choose goals together. Treatment relates to play, school and sport, using motivating equipment. Parents receive practical ways to practise daily; for babies, for example during care, carrying and play.



Monitoring development together

Sometimes one advice session is enough; other needs require longer support. We regularly review benefit and adapt the plan. If medically necessary, home treatment can be discussed, with a referral and according to insurance conditions.

A doctor should assess loss of acquired skills, sudden weakness or persistent pain. For a baby who cries frequently, feeds poorly or seems generally unwell, contact your GP or child-health clinic first.

Before your appointment

Bring identification, insurance details and any referral or test results. Wear clothing that allows you to move comfortably. Let us know beforehand if you need support with language or communication.