Your clinician

Ask your treating physiotherapist whether shockwave fits your problem and where it is available.

Practical information

Shockwave is part of the physiotherapy session; Fysio Topfit does not charge an extra supplement. Usual insurance conditions apply.

Costs and insurance

Cover depends on your clinical indication and policy. Supplementary insurance may cover sessions within its conditions and allowance. Separate basic insurance rules apply to some indications. A referral may be required and the statutory deductible usually applies to adults. You pay for care that is not covered. Ask for the current fee beforehand.

Our locations

Ter Aar
Medisch Centrum Vosholplein
Vosholplein 1-4, 2461 AA Ter Aar
0172-603434
teraar@fysiotopfit.nl

Boskoop
Medisch Centrum Boomgaard
Boomgaard 215F, 2771 PD Boskoop
0172-212147
boskoop@fysiotopfit.nl

Nieuwkoop
Maarten Freeke Wije 2D, 2421 TP Nieuwkoop
0172-575595
nieuwkoop@fysiotopfit.nl

General enquiries
085-0514000
blijftopfit@fysiotopfit.nl

WhatsApp
06-57250687
(messages only, no calls)

Scan for opening hours

Download our apps

Fysio Topfit

Download on the App Store

Topfit met Toppie

GET IT ON Google Play

Free to download for iPhone and Android.

Shockwave therapy

at Fysio Topfit

For some persistent tendon problems, shockwave may be discussed as an addition to treatment. Effects vary by condition and person; active rehabilitation remains important.

TOPFIT FYSIO

Book an appointment

Scan the QR code or call 085-0514000. Tell us which treatment you would like to discuss.

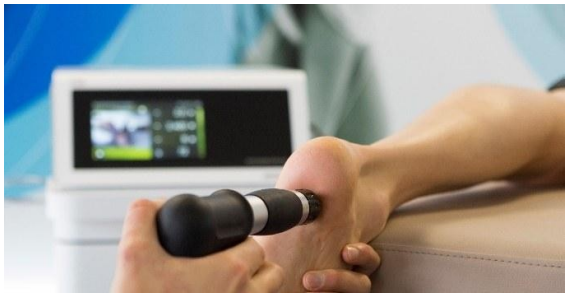
More information: www.fysiotopfit.nl

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What is shockwave?

A device delivers pressure waves to a selected area. Your therapist first assesses symptoms, previous care and whether the technique could add value. Not every tendon pain or calcification warrants shockwave.

It may be considered for certain persistent Achilles, plantar or shoulder tendon problems. There is no guarantee that pain or calcification will disappear.



What happens?

After explanation and your consent, the therapist applies gel and uses a handpiece on the area. Shockwave itself usually takes a few minutes. It can be uncomfortable or painful; tell us so the setting can be adjusted.

We discuss appointments, activity after treatment and a suitable exercise programme. We regularly review whether continuing is useful. Temporary redness, soreness or a small bruise may occur.



What should you tell us?

Mention pregnancy, bleeding problems, blood thinners, implants, a tumour or infection in the area and recent injections. Safety depends on your situation, treatment area and device. Never stop medication on your own.

Contact us for marked or persistent deterioration. Acute injury or suspected fracture or infection needs medical assessment first. Shockwave does not replace necessary investigation.

Before your appointment

Bring identification, insurance details and any referral or test results. Wear clothing that allows you to move comfortably. Let us know beforehand if you need support with language or communication.